SUMMER VACATION CARE PROGRAM

11 January – 1 February 2021





MONDAY 11/1/2021

HAPPY NEW YEAR, BRING ON 2021

1.30pm

Free time

| TIME | DESCRIPTION | TIME | DESCRIPTION |
|---------|--|--------|--|
| 7.00am | Children arrive: Indoor investigative play | 2.00pm | Group activities |
| | Quiet activities | | New year's resolution letter writing |
| 8.00am | Team building and group games | | - Musical bobs |
| | Sensory play | | - Musical statues |
| 9.30am | Group discussion and news | 3.00pm | Quiet time with mindful meditation and story time |
| 10.00am | Morning Fitness or Nature walk | 3.30pm | Afternoon tea: Fruit and vegetable platter and |
| 10.30am | Morning tea: Fruit and vegetable platter and | | Firework rocky road |
| | Assorted biscuits | 4.00pm | Children's choice of indoor or outdoor activities |
| | Playground activities | 5.00pm | Reflection/suggestion time |
| 11.30am | Art and Craft: | · | Quiet activities |
| | (PK-2) Party hats, Firecrackers, Firework | 6.00pm | Children depart |
| | paintings | • | |
| | (3-6) Firework rings, City firework scene, | | |
| | New year's glasses | | |
| | Cooking: Firework rocky road | | |
| 1.00pm | Lunch time | | * * * / |
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TUESDAY 12/1/2021

SUMMER CAMPING DAY

| TIME | DESCRIPTION | TIME | DESCRIPTION |
|---------|--|---------|---|
| 7.00am | Children arrive: Indoor investigative play Quiet activities | 2.00pm | Group activities - Learn how to tie knots, which students will use to |
| 8.00am | Team building and group games Sensory play | | make a tent out of sticks - Campfire songs and skits |
| 9.30am | Group discussion and news | | - Tug o War |
| 10.00am | Nature Walk - Scavenger Hunt | | - Finska |
| 10.30am | Morning tea: Fruit and vegetable platter and | 3.00pm | Quiet time with mindful meditation and story time |
| | Cheese and crackers | 3.30 pm | Afternoon tea: Fruit and vegetable platter and S'mores |
| | Playground activities | 4.00pm | Children's choice of indoor or outdoor activities |
| 11.30am | Art and Craft: | 5.00pm | Reflection/suggestion time |
| | (PK-2) Campfire construction, Tent ornaments | | Quiet activities |
| | (3-6) Camping diorama, Ukulele construction Cooking: S'mores | 6.00pm | Children depart |
| 1.00pm | Lunch time | | |
| 1.30pm | Free time | | |

WEDNESDAY 13/1/2021

OSHC MINI OLYMPICS

| DESCRIPTION | TIME | DESCRIPTION |
|---|---|--|
| Children arrive: Indoor investigative play Quiet activities | 2.00pm | Group activities - Individual running races |
| Team building and group games Sensory play | | - Team relay races - Throwing events |
| Group discussion and news | | - Plank competition |
| Morning Fitness or Nature walk | | - Wall sit competition |
| Morning tea: Fruit and vegetable platter and | 3.00pm | Quiet time with mindful meditation and story time |
| Rice cakes | 3.30pm | Afternoon tea: Fruit and vegetable platter and Edible |
| Playground activities | | Olympic torches |
| Art and Craft: | 4.00pm | Children's choice of indoor or outdoor activities |
| (PK-2) DIY medals, Flag rocks, Olympic torches | 5.00pm | Reflection/suggestion time Quiet activities |
| (3-6) Olympic emblems, Olympic torches, Greek Olympic Crown Cookina: Edible Olympic torches | 6.00pm | Children depart |
| Lunch time | | |
| Free time | | |
| | Children arrive: Indoor investigative play Quiet activities Team building and group games Sensory play Group discussion and news Morning Fitness or Nature walk Morning tea: Fruit and vegetable platter and Rice cakes Playground activities Art and Craft: (PK-2) DIY medals, Flag rocks, Olympic torches (3-6) Olympic emblems, Olympic torches, Greek Olympic Crown Cooking: Edible Olympic torches Lunch time | Children arrive: Indoor investigative play Quiet activities Team building and group games Sensory play Group discussion and news Morning Fitness or Nature walk Morning tea: Fruit and vegetable platter and Rice cakes Playground activities Art and Craft: (PK-2) DIY medals, Flag rocks, Olympic torches (3-6) Olympic emblems, Olympic torches, Greek Olympic Crown Cooking: Edible Olympic torches Lunch time |

THURSDAY 14/1/2021

RUMBLE IN THE JUNGLE (COME DRESSED AS YOUR FAVOURITE ANIMAL OF THE JUNGLE)

| TIME | DESCRIPTION | TIME | DESCRIPTION |
|-------------------|--|--------|---|
| 7.00am | Children arrive: Indoor investigative play Quiet activities | 2.00pm | Group activities - Animal walk |
| 8.00am | Team building and group games Sensory play | | - Kahoot Quiz on jungle animals - Vine limbo |
| 9.30am 10.00am | Group discussion and news Morning Fitness or Nature walk | | - Attack of the monkeys (Variation of capture the flag) |
| 10.30am | Morning tea: Fruit and vegetable platter and Mini | 3.00pm | Quiet time with mindful meditation and story time |
| | sandwiches | 3.30pm | Afternoon tea: Fruit and vegetable platter and |
| | Playground activities | | Monkey face cookies |
| 11.30am | Art and Craft: | 4.00pm | Children's choice of indoor or outdoor activities |
| | (PK-2) Frog puppets, toucan painting (3-6) Jungle scenery mural, jungle animal | 5.00pm | Reflection/suggestion time Quiet activities |
| | creations Cooking: Monkey face cookies | 6.00pm | Children depart |
| 1.00pm | Lunch time | | |
| 1.30pm | Free time | | |

FRIDAY 15/1/2021

CIRCUS MANIA

| TIME | DESCRIPTION | TIME | DESCRIPTION |
|---------|--|---------|---|
| 7.00am | Children arrive: Indoor investigative play | 12.30pm | Lunch time |
| | Quiet activities | 1.00pm | Free time |
| 8.00am | Team building and group games | 1.30pm | Incursion - Suitcase Circus (90 mins) |
| | Sensory play | 3.00pm | Quiet time with mindful meditation and story time |
| 9.30am | Group discussion and news | 3.30pm | Afternoon tea: Fruit and vegetable platter and |
| 10.00am | Morning Fitness or Nature walk | | Vegetable pizza |
| 10.30am | Morning tea: Fruit and vegetable platter and | 4.00pm | Movie - Children's choice |
| | Corn chip and salsa | 5.00pm | Reflection/suggestion time |
| | Playground activities | | Quiet activities |
| 11.30am | Art and Craft: | 6.00pm | Children depart |
| | (PK-2) Clown masks, Popcorn Mache art | | |
| | (3-6) Circus diorama, Circus puppet box | | |
| | Cooking: Vegetable pizza | | |

MONDAY 18/1/2021

SPORTS DAY (COME DRESSED IN YOUR FAVOURITE TEAM)

| | DESCRIPTION | TIME | DESCRIPTION |
|---------|---|--------|---|
| 7.00am | Children arrive: Indoor investigative play | 2.00pm | Group activities |
| | Quiet activities | | - 3 on 3 basketball comp |
| 3.00am | Team building and group games | | - Ping pong match |
| 2.00 | Sensory play | | - Balloon games |
| 9.30am | Group discussion and news | | - Touch rugby |
| 10.00am | Morning Fitness or Nature walk | 2.00 | - Handball tournament |
| 10.30am | Morning tea: Fruit and vegetable platter and | 3.00pm | Quiet time with mindful meditation and story time |
| | Assorted biscuits | 3.30pm | Afternoon tea: Fruit and vegetable platter and |
| 1.1.00 | Playground activities | 4.00 | Banana bread muffins |
| 11.30am | Art and Craft: | 4.00pm | Children's choice of indoor or outdoor activities |
| | (PK-2) Cheerleader pom poms, American | 5.00pm | Reflection/suggestion time |
| | football goal on a stick | 4.00 | Quiet activities |
| | (3-6) Tennis racquets, Shoebox soccer tables, | 6.00pm | Children depart |
| | Paper mache soccer balls | | |
| 1 00 | Cooking: Banana bread muffins | | |
| 1.00pm | Lunch time | | |
| 1.30pm | Free time | | What I was |
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TUESDAY 19/1/2021

SPACE DAY (BRING A PLAIN WHITE TEE SHIRT)

| TIME | DESCRIPTION | TIME | DESCRIPTION |
|---------|---|--------|---|
| 7.00am | Children arrive: Indoor investigative play Quiet activities | 2.00pm | Group activities - Asteroid dodge ball |
| 8.00am | Team building and group games Sensory play | | - Planet salad (Fruit salad) - Parachute games |
| 9.30am | Group discussion and news | 3.00pm | Quiet time with mindful meditation and story |
| 10.00am | Morning Fitness or Nature walk | | time |
| 10.30am | Morning tea: Fruit and vegetable platter and | 3.30pm | Afternoon tea: Fruit and vegetable platter and |
| | Cheese and crackers | | Galaxy crackles |
| | Playground activities | 4.00pm | Children's choice of indoor or outdoor activities |
| 11.30am | Art and Craft: | 5.00pm | Reflection/suggestion time |
| | (PK-2) Alien creation, Flying rocket ships, | ' | Quiet activities |
| | U.F.O disc's | 6.00pm | Children depart |
| | (3-6) Tie dye shirts, Galaxy jars | ' | |
| | Cooking: Galaxy Crackles | | |
| 1.00pm | Lunch time | | |
| 1.30pm | Free time | | |

WEDNESDAY 20/1/2021

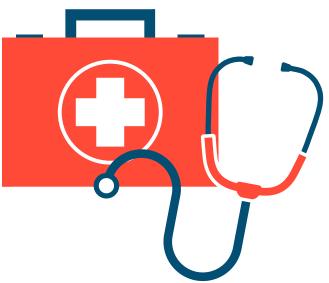
FIRST AID FOCUS

making

(3-6) Group puzzle painting

Cooking: Savory muffin

| TIME | DESCRIPTION | TIME | DESCRIPTION |
|---------|---|---------|---|
| 7.00am | Children arrive: Indoor investigative play | 12.30pm | Lunch time |
| | Quiet activities | 1.00pm | Incursion - First Aid Focus (120 mins) |
| 8.00am | Team building and group games | 3.00pm | Quiet time with mindful meditation and story time |
| | Sensory play | 3.30pm | Afternoon tea: Fruit and vegetable platter and |
| 9.30am | Group discussion and news | | Savory muffin |
| 10.00am | Morning Fitness or Nature walk | 4.00pm | Children's choice of indoor or outdoor activities |
| 10.30am | Morning tea: Fruit and vegetable platter and Rice | 5.00pm | Reflection/suggestion time |
| | cakes | | Quiet activities |
| | Playground activities | 6.00pm | Children depart |
| 11.30am | Art and Craft: | | |
| | (PK-2) First aid kit or Ambulance collage | | |



THURSDAY 21/1/2021

BEACH DAY (PLEASE BRING A CHANGE OF CLOTHES AND A TOWEL)

| TIME | DESCRIPTION | TIME | DESCRIPTION |
|---------|---|--------|--|
| 7.00am | Children arrive: Indoor investigative play Quiet activities | 1.30pm | Free time |
| 8.00am | Team building and group games Sensory play | 2.00pm | Group activities - Water play tub - Beach relays |
| 9.30am | Group discussion and news | | - Beach Cricket |
| 10.00am | Morning Fitness or Nature walk | 3.00pm | Quiet time with mindful meditation and story time |
| 10.30am | Morning tea: Fruit and vegetable platter and Mini sandwiches | 3.30pm | Afternoon tea: Fruit and vegetable platter and Beach themed granola cups |
| | Playground activities | 4.00pm | Children's choice of indoor or outdoor activities |
| 11.30am | Art and Craft: (PK-2) Hand painted crabs, Popsicle art | 5.00pm | Reflection/suggestion time Quiet activities |
| | (3-6) Thong beading, Shell jewelry making, Handheld fan decoration Cooking: Beach themed granola cups | 6.00pm | Children depart |
| 1.00pm | Lunch time | | |
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FRIDAY 22/1/2021

AUSTRALIAN NATIVE ANIMAL DAY

| TIME | DESCRIPTION | TIME | DESCRIPTION |
|---------|--|---------|---|
| 7.00am | Children arrive: Indoor investigative play | 12.30pm | Lunch time |
| | Quiet activities | 1.00pm | Incursion - West Oz Animals (120 mins) |
| 8.00am | Team building and group games | 3.00pm | Quiet time with mindful meditation and story time |
| 9.30am | Group discussion and news | 3.30pm | Afternoon tea: Fruit and vegetable platter and |
| 10.00am | Morning Fitness or Nature walk | | Koala cupcakes |
| 10.30am | Morning tea: Fruit and vegetable platter and Corn | 4.00pm | Movie - Children's choice |
| | chip and salsa | 5.00pm | Reflection/suggestion time |
| | Playground activities | | Quiet activities |
| 11.30am | Art and Craft: | 6.00pm | Children depart |
| | (PK-2) Australian animal masks, emu craft, | · | |
| | crocodile puppet making | | |
| | (3-6) Assorted origami, assorted Australian animal | | |
| | salt dough making | | |
| | Cooking: Koala cupcakes | | |

MONDAY 25/1/2021

AUSTRALIA DAY

| TIME | DESCRIPTION | TIME | DESCRIPTION |
|---------|---|--------|---|
| 7.00am | Children arrive: Indoor investigative play Quiet activities | 2.00pm | Group activities - Capture the Australian flag |
| 8.00am | Team building and group games Sensory play | | - Cricket - Dodgeball |
| 9.30am | Group discussion and news | 3.00pm | Quiet time with mindful meditation and story time |
| 10.00am | Morning Fitness or Nature walk | 3.30pm | Afternoon tea: Fruit and vegetable platter and |
| 10.30am | Morning tea: Fruit and vegetable platter and | | Koala in a creek jelly cup |
| | Assorted biscuits | 4.00pm | Children's choice of indoor or outdoor activities |
| | Playground activities | 5.00pm | Reflection/suggestion time |
| 11.30am | Art and Craft: | | Quiet activities |
| | (PK-2) Australian flag handprint banner, Australia Day visor (3-6) Pencil jar galas and cockatoos, Sydney harbour bridge construction Cooking: Koala in a creek jelly cup | 6.00pm | Children depart |
| 1.00pm | Lunch time | | |
| 1.30pm | Free time | | |

WEDNESDAY 27/1/2021

SUPERHERO DAY (COME DRESSED AS YOUR FAVOURITE SUPERHERO)

| TIME | DESCRIPTION | TIME | DESCRIPTION |
|----------|---|------------------|---|
| 7.00am | Children arrive: Indoor investigative play | 12.30pm | Lunch time |
| 8.00am | Quiet activities Team building and group games | 1.00pm 1.30pm | Free time Incursion - Superhero laser tag (90 mins) |
| o.oodiii | Sensory play | 3.00pm | Quiet time with mindful meditation and story time |
| 9.30am | Group discussion and news | 3.30pm | Afternoon tea: Fruit and vegetable platter and |
| 10.00am | Morning Fitness or Nature walk | ı | Cheesy Vegemite scrolls |
| 10.30am | Morning tea: Fruit and vegetable platter and Rice | 4.00pm | Children's choice of indoor or outdoor activities |
| | cakes | 5.00pm | Reflection/suggestion time |
| | Playground activities | | Quiet activities |
| 11.30am | Art and Craft: (PK-2) Superhero handprints, superhero cuffs and headband (3-6) Superhero shield, Ninja stress ball making Cooking: Cheesy Vegemite scrolls | 6.00pm | Children depart |

THURSDAY 28/1/2021

BOOK DAY (BRING YOUR FAVOURITE BOOK)

| TIME | DESCRIPTION | TIME | DESCRIPTION |
|--------------------|---|------------------|--|
| 7.00am | Children arrive: Indoor investigative play Quiet activities | 1.30pm 2.00pm | Free time Group activities |
| 8.00am | Team building and group games Sensory play | · | Book presentation What's the time Mr. Wolf |
| 9.30am | Group discussion and news, show and tell your favourite book. | 3.00pm | Night at the museum Quiet time with mindful meditation and story time |
| 10.00am 10.30am | Morning Fitness or Nature walk Morning tea: Fruit and vegetable platter and | 3.30pm | Afternoon tea: Fruit and vegetable platter and Spinach and ricotta twists |
| | Mini sandwiches Playground activities | 4.00pm 5.00pm | Children's choice of indoor or outdoor activities Reflection/suggestion time |
| 11.30am | Art and Craft: (PK-2) Hungry caterpillar chain links, Rainbow fish art (3-6) Cat in the hat making, Harry potter bookmarks Cooking: Spinach and ricotta twists | 6.00pm | Quiet activities Children depart |
| 1.00pm | Lunch time | | |

FRIDAY 29/1/2021

WELLNESS DAY (PLEASE BRING YOUR OWN WHEELS)

| TIME | DESCRIPTION | TIME | DESCRIPTION |
|---------|---|--------|--|
| 7.00am | Children arrive: Indoor investigative play Quiet activities | 2.00pm | Art and Craft: (PK-2) Pet rock decoration, Mindful blower |
| 8.00am | Team building and group games | | making |
| 9.30am | Sensory play Group discussion and news | | (3-6) Wind chime decoration, Unicorn bath salt making |
| 10.00am | Morning Fitness or Nature walk | | Cooking: Muesli bar |
| 10.30am | Morning tea: Fruit and vegetable platter and Corn | 3.00pm | Quiet time with mindful meditation and story time |
| | chip and salsa | 3.30pm | Afternoon tea: Fruit and vegetable platter and |
| | Playground activities | | Muesli bar |
| 11.30am | Bike or scooter riding | 4.00pm | Movie - Children's choice |
| 12.30pm | Lunch time | 5.00pm | Reflection/suggestion time |
| 1.00pm | Free time | | Quiet activities |
| | | 6.00pm | Children depart |

MONDAY 1/2/2021

1.00pm

1.30pm

Lunch time

Free time

SUMMER PJ DAY (COME DRESSED IN YOUR COMFIEST PAJAMAS)

| TIME | DESCRIPTION | TIME | DESCRIPTION |
|---------|---|--------|---|
| 7.00am | Children arrive: Indoor investigative play Quiet activities | 2.00pm | Group activities - Musical bobs |
| 8.00am | Team building and group games Sensory play | | - Pass the parcel - Cosmic yoga |
| 9.30am | Group discussion and news | 3.00pm | Quiet time with mindful meditation and story time |
| 10.00am | Morning Fitness or Nature walk | 3.30pm | Afternoon tea: Fruit and vegetable platter and |
| 10.30am | Morning tea: Fruit and vegetable platter and | | Vegetable rolls |
| | Assorted biscuits | 4.00pm | Movie - Children's choice |
| | Playground activities | 5.00pm | Reflection/suggestion time |
| 11.30am | Art and Craft: | | Quiet activities |
| | (PK-2) Eye mask creation, Teddy bear decoration | 6.00pm | Children depart |
| | (3-6) Friendship bracelets, dream catchers | | |
| | Cooking: Vegetable rolls | | * |